



WEMBLEY PARK DRIVE MEDICAL CENTRE
19-21 Wembley Park Drive
Wembley Middlesex HA9 8HD

FREE NHS HEALTH CHECK

People aged between 40 and 74

We are inviting you to attend your **Free NHS Health Check**

NHS Health Checks are being offered to people aged between 40 and 74 once every five years.

The check will assess your risk of developing:

**λ HEART DISEASE λ STROKE λ KIDNEY DISEASE
λ DIABETES**

It will include questions on age, sex,
And family history.

There will also be checks on:

**λ WEIGHT λ BLOOD PRESSURE λ A BLOOD TEST ON
CHOLESTEROL λ GLUCOSE ETC**

Free personal advice

Following the check, you will receive free personal advice from

Health Care Asst or Practice Nurse

About what you can do to stay healthy.

If there are any warning signs, then together we can do something about it.

